

EQUIPMENT REQUIREMENTS:

- ⊖ Log book & All basic equipment including:
 - ⊖ Mask & Fins (**no snorkel** required)
 - ⊖ Exposure suit suitable for course venue, including hood, boots and gloves (water temperature 8 degrees)
 - ⊖ Watch/Dive timer/computer, depth gauge and compass
 - ⊖ Buoyancy compensator with low pressure inflator
 - ⊖ Weight system*
 - ⊖ Cylinder. This should be at least 9 litre
 - ⊖ Pony cylinder (& regulator) preferred
No “twinsets” (unless twin 7’s) & please bring a second cylinder for day 2.
Single cylinders may be hired.
 - ⊖ A well-maintained regulator and contents gauge. In addition the unit will also include an octopus second stage and a direct feed attachment for the BCD
 - ⊖ Knife or dive tool (this should be worn on the arm)
 - ⊖ Dive slate and pencil/s
 - ⊖ At least two dive torches suitable for helmet mounting** (May be purchased at centre)
 - ⊖ An adequate supply of new batteries (Duracell only please!)
- Special Equipment:**
- ⊖ Helmet with fastenings for headtorchs (will be supplied)
 - ⊖ All reels will be supplied

You will need:

- ⊖ Wellington boots, or similar, to wear over rough ground en route to dive site
- ⊖ Set of waterproofs to wear en route to dive site. Warm clothes, gloves and scarf in winter

N.B. You are strongly advised to transport equipment to the dive site in a rucksack, NOT in a hand-held dive bag please. (available for purchase at centre)

* Quick release systems will be immobilised (temporarily) prior to diving

** Torches should be at least 2 watt output, preferably greater, but **no** hand held lights please.

Packed lunch and drinks required on both days..

Recommended reading: “Diving in Darkness” – Please refer to Farrworld website.